#### **BSPC Informational Portion**

- Goal: Educate on upcoming or controversial issues in prehospital and disaster care
- Brief presentations
- Open for topics of interest. Examples include:
  - Is mechanical CPR superior to manual?
  - Ketamine prehospital, pros and cons?
  - Does ALS care provide a mortality benefit in cardiac arrest? Trauma? Peds?





Alert Lockdown Inform Counter Evacuate





# Active Assailant Response

Kathy Staats, MD EMS and Disaster Medicine Fellow, UCSD Base Station Physician Committee April 18, 2017







- 1. Introduce the idea of the Active Response to an Active Shooter
  - Identify how "Run, Hide, Fight" was developed
    - Discuss how you execute the approach
      - Discuss controversies
  - 2. Encourage this topic to return to your home institution
- 3. When you hear a shooter or attacker: ALERT, RUN, HIDE, FIGHT

"We don't rise to the occasion. We fall to the level of our training."
- Archilochus

### Origins

- Lieutenant Joseph A. Hendry Jr.
- Consultant for Homeland Security
- In 2009, he was asked to review the lockdown approach
- This was in response to the Virginia Tech Shooting in 2007



- He reviewed what had and hadn't worked before
  - The "lockdown" approach was borne from LA drive-by shooting protocols in the 1970s
  - It was never meant or created for in-building events

## The Virginia Tech Shooting

- 32 students and professors were killed
- 17 others injured
- Five classrooms were attacked
  - In one classroom the shooter never was able to enter
  - The German class, after 1st gunshots, barred further entry
  - In a classroom of 17 people, 15 survived, due to the sacrifice of professor Liviu Librescu
  - Students attempting to escape through the halls were shot





#### Alert & Awareness

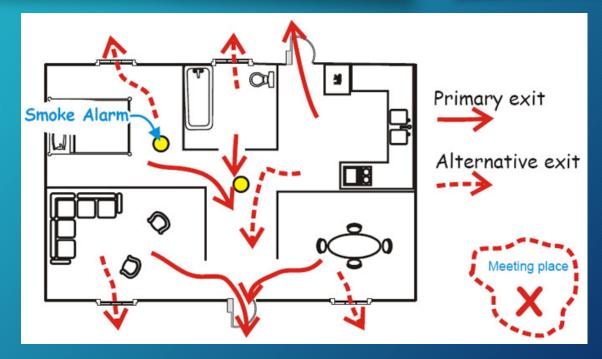
- If you see something, say something
- Call PD or Security for suspicion persons or behavior

The most difficult barrier to many during true attacks is:

Denial and Disbelief

#### Run

- Prep for the worst,
   plan your escape every day
- Leave your belongings
- Assist who you can
- Keep your hands visible



Think ahead of time: "Will I stay with my patients?"

#### Hide

- The best hiding place:
  - Has heavy furniture to block door or entrance
    - DO NOT BLOCK DOORS WITH YOUR BODY IF POSSIBLE
  - Still allows exodus if needed
- Silence your cell phone
- Turn out lights
- Lock doors
- Dial 911 and keep line open if possible
- PREPARE FOR FIGHT IF NEEDED



# Fight

### Only if in imminent and life-threatening danger:

- Throw items/distractors
- Improvise weapons
- Act as aggressively as possible
- Yell
- Band together and act en force if possible



### Controversy

- 1. It fails to address the "Freeze"
- 2. It's based on linear thinking
- 3. It fosters a non-aggressive mindset



### In Summary

- Columbus, Ohio; April 16, 2017, 9 shot
- Tucson, Arizona; April 14, 2017, 3 shot
- Atlanta, Georgia; April 13, 2017, 4 shot
- San Bernardino, California; April 10, 2017, 4 shot

When you hear a shooter or attacker: ALERT, RUN, HIDE, FIGHT

"We don't rise to the occasion. We fall to the level of our training."

